International Menopause Society
promoting education and research on all aspects of adult women’s health

14 WORLD CONGRESS
MENOPAUSE
ADVANCING GLOBAL HEALTH FOR WOMEN AT MIDLIFE

May 1–4, 2014 Cancun, Mexico
Cancun Center Conventions & Exhibitions
Advanced Program www.imscancun2014.com
Dear Friends

As Chairman of the 14th World Congress on Menopause, it is my pleasure to inform you that the stage has been set for the best-ever World Congress on Menopause! The Scientific Committee has succeeded in putting together a program of superb scientific quality. Cutting-edge Plenary lectures will be supplemented by state-of-the-art scientific symposia and sessions on current controversies. We have received excellent scientific abstracts for oral and poster sessions. Delegates will be able personally to interact with the world’s best during meet-the-expert sessions. Prominent affiliated menopause societies will host individual symposia. We would like specially to welcome Spanish-speaking delegates. Recognizing the need to accommodate the language preference of a large percentage of our delegates, the congress will for the first time have a Spanish stream and simultaneous translation of the Plenary lectures. With up to seven concurrent sessions at certain times, there will always be a topic of interest from which to choose.

We have been pleasantly surprised by the number of registrations already received as well as the positive response from industry. Cancun is a beautiful city with superb congress facilities and accommodation. Please join us in making this a great event. Register early to avoid disappointment!

Tobie de Villiers
Chairman of the Congress

Dear Friends

Mexico is pleased to host the 14th World Congress on Menopause, organized by the IMS and assisted by the Local Organizing Committee. The IMS is preparing a Scientific Program based on the most important aspects of research, diagnosis, prevention and treatment of the health problems facing women during the menopausal transition and the postmenopause, providing us with updates on the latest scientific evidence for the benefit of our patients.

As the venue for the Congress, Cancun offers major transfer facilities and a fully functional Conference Center. Within walking distance of the Center are several high-quality hotels, which will provide accommodation to suit every taste and which will please the most demanding of guests. You will enjoy the personal attention and the warm hospitality that are typical of the Mexican people; everything will be done to make your stay comfortable and enjoyable.

We hope to welcome you in Cancun.

Julio Morfin Martin
Chairman of the Local Organizing Committee
The Congress

The Scientific Program of the Congress is based on the Mission Statement of the IMS: “to promote and advance communication, education and research on all aspects of the health of adult women world-wide”. Key experts will update you on the latest scientific evidence that can be related to daily clinical practice and basic research.

You will be brought up to date by our outstanding Plenary and Symposium speakers selected from among the world’s best scientists and clinicians in areas of adult women’s health.

The Scientific Committee will ensure that the Program contains the most up-to-date topics, controversies and the best available Faculty, as relevant to our Mission Statement.

CME Accreditation

The IMS 2014 Scientific Program will be submitted for accreditation by:
- UEMS (European Union of Medical Specialists)
- AMA Credits (USA)
- Mexican Credits
- Other National CME Credits

Official Language

English is the official language of the Congress. Several Spanish sessions will also be available. Simultaneous translation between English and Spanish will be provided in the main Congress halls.

Congress Abstracts

- The Congress abstracts will be published in an online Supplement of Climacteric, the official journal of the IMS; they will be accessible on the Climacteric page of the Informa website. The Proceedings of the Congress will be published in Climacteric later in 2014.
- The abstracts will also be available on the Congress website and on a USB stick available at the Novo Nordisk booth during the Congress and on the official website of the Congress.

Plan your trip to Cancun

Air transportation

We have special fares negotiated with a number of main airlines. If you would like us to arrange air travel for you, please contact us: imsc2014@grupodestinos.com.mx

Housing and accommodation

We offer you a variety of hotels within walking distance:
- Fiesta Americana Grand Coral Beach
- Presidente Intercontinental Cancun Resort
- Hyatt Regency Hotel Cancun
- Hotel Krystal
- Beachscape Kin Ha Villas and Suites
- ALOFT Hotel
- Cancun Clipper Club Hotel

Tours

Make the best of your stay in Cancún and take advantage of our organized tours:
- Tour to Cozumel Resort (Diving for beginners)
- Tour to Chichen Itza Basic
- X-caret Full day
- Camel Safari
- Mayan Encounter Coba
- Tulum Express
- Xel – Ha All Inclusive
- Dolphin Encounter

Visit our dedicated website to find out more www.grupodestinos.com.mx/imscancun2014
Registration

Categories | Until 17/02/14 | After 17/02/14 | On Site
--- | --- | --- | ---
IMS Members* | USD 550 | USD 650 | USD 800
Non-IMS Members | USD 650 | USD 750 | USD 900
Students/Trainees**/Developing Countries*** | USD 550 | USD 650 | USD 800

*The Reduced registration fee is only available for IMS members in good standing; the reduced registration fee is not available for participants who only join for the year of the Congress.
**Students, Residents in training, nurses and technicians. An official certificate must be submitted.
***Full list available on the website.

Registration fee includes
- Congress kit
- Abstracts on USB Stick
- Access to all sessions and Exhibition area
- CME Credits
- Opening and Closing Ceremonies
- Poster Session

How to register
Registration is only possible online, by filling out the registration form on www.imscancun2014.com. All major credit cards are accepted (VISA, Mastercard, Amex) as well as PayPal. Bank transfer payments will be accepted only upon request.

Official Invitation
The Official Letter of Invitation can be printed from www.imscancun2014.com. This invitation implies no obligation, financial or other, by the Congress.

Visa Request
Depending on your citizenship, you may need to obtain a visa before coming to Mexico. Visit www.inm.gob.mx/?page/Paises_visa in order to find out whether this is the case. The Organizing Secretariat will not directly contact embassies and consulates on behalf of visa applicants.

Cancellation policy for registration
Refunds (less USD 25.00 for taxes and administrative expenses) will be granted to delegates unable to attend. Written notice must be received by the Organizing Secretariat before March 20th, 2014. No refunds will be made for cancellations received after March 20th, 2014. All refunds will be issued after the Congress.

Group registration
If you are interested in a group registration (10 persons or more), please contact ims2014@btcongress.com for information. No registration will be made without full personal contact details for each participant and the corresponding payment. Blank registrations will not be accepted.

Insurance
The Congress Organizers will not accept any liability for personal injury, or loss/damage to property and belongings of meeting participants either during or as a result of the Congress or during their stay in Cancun. It is, therefore, recommended that participants arrange their own personal health, accident and travel insurance.

The congress is sponsored by

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Thursday May 1st

09.00-10.45 Exhibition Area Opening
10.30-11.00 Plenary Lecture
11.00-12.30 Oral Com. (ES)
12.30-14.30 Lunch Symposium
14.30-14.45 Visit to the Exhibition Area
14.45-16.15 Symposium
16.15-17.15 Controversy
17.30-18.00 Pieter van Keep Lecture
18.00-18.15 Henry Burger Oration
18.15 Opening Ceremony

Friday, May 2nd

08.00-09.00 MTE (ES)
09.00-09.30 Plenary Lecture
09.30-10.00 Plenary Lecture
10.00-10.30 Visit to the Exhibition Area
10.30-12.00 Symposium
12.00-12.45 MTE (ES) Meet The Expert
12.45-14.45 Lunch Symposium
14.45-15.15 Visit to the Exhibition Area
15.15-16.15 Oral Com.
16.15-17.45 Symposium
17.45-18.15 Plenary Lecture
18.15-18.45 Plenary Lecture
18.45-20.30 Poster Session
19.30 CAMS Assembly

Saturday, May 3rd

08.00-09.00 IMS CAT study
09.00-09.30 Plenary Lecture
09.30-10.00 Plenary Lecture
10.00-10.30 Visit to the Exhibition Area
10.30-12.00 Symposium
12.00-12.45 MTE (ES) Meet The Expert
12.45-14.45 Lunch Symposium
14.45-15.15 Visit to the Exhibition Area
15.15-16.15 Oral Com.
16.15-17.45 Symposium
17.45-18.15 Plenary Lecture
18.45 IMS Assembly

Sunday May 4th

08.00-09.00 CAMS Soc.
09.00-09.30 Plenary Lecture
09.30-10.00 Visit to the Exhibition Area
10.00-11.30 Hot topic Symp
11.30-12.00 Plenary Lecture
12.00 Closing Ceremony
**Scientific Program**

**Pieter van Keep Lecture**
de Villiers Tobie (ZA) Estrogen and osteoporosis: have we completed a full circle?

**Plenary Lectures**

Tilly Jonathan L. (US) Adult stem cell biology: a tale of menopause and ovaries
Lobo Rogerio A. (US) The menopause, what the future holds
Fraser Ian S. (AU) Inflammation and endometrial bleeding
Shulman Gerald I. (US) Mechanisms and consequences of insulin resistance
McEwen Bruce (US) Novel mechanisms for estrogen effects on the brain
Henderson Victor (US) Alzheimer’s disease: strategies for prevention
Scarabin Pierre-Yves (FR) Hormones and thrombosis
Cardozo Linda (UK) Managing urinary incontinence: what works?
Lindsay Robert (US) Can we rebuild the skeleton?
Yip Cheng-Har (MY) Breast health in developing countries
McDonnell Donald (US) Biology of breast cancer

**Symposia**

**Menopause and cardiovascular health**
Gulati Martha (US) Gender-specific aspects of CVD in women
Archer David (US) Progestogen and hormone therapy; hero or zero
Hodis Howard N. (US) The prevention of CVD and diabetes: statins vs HRT

**Body and lifestyle (organized by AMEC)**
Morfín Martín Julio (MX) Muscle and fat: benefits and risks
Vázquez Alanís Alejandro (MX) Food and drink for menopausal women
González Cuauhtémoc Celis (MX) Exercise for menopausal women

**Hormones and breast cancer**
Desreux Joelle (BE) Endocrine aspects of breast cancer development
Gompel Anne (FR) Are all estrogens and progestins carcinogenic?
Davis Susan (AU) Health and wellbeing after breast cancer - the Bupa study

**Menopause and mood**
Morrison Mary F. (US) Mood and the perimenopause, hormonal or environmental
Toffol Elena (FI) Psychological well-being, mental health, and hormone therapy in perimenopausal and postmenopausal women
Stefanopoulou Evgenia (UK) The role of the psychologist in the management of perimenopausal depression

**Osteoporosis: prevalent challenges**
Denison Elaine (UK) Kill or cure? Osteoporosis therapy in 2014
McClung Michael (US) Drug holidays: different recommendations for different drugs
Lau Edith (HK) Epidemiology and clinical aspects of osteoporosis in Asia compared to western countries

**Breast imaging**
Bell Robin (AU) Mammographic screening: early detection or over diagnosis
Paci Eugenio (IT) Mammography service screening: estimate of a balance sheet of benefits and harms

**Global perspectives on female sexual health**
Altman Alan (US) Sexual health of the menopausal woman
Chedraui Peter (EC) Prevalence and determinants of female sexual dysfunction in Latin countries
Sidi Hatta (MY) Female sexual dysfunction in Asia

**Hormonal therapy and breast cancer risk**
Mueck Alfred (DE) Do differing progestins convey differing risk?
Shapiro Samuel (ZA) Hormone therapy and breast cancer risk
Reid Robert (CA) Keeping risk in perspective: perception vs. reality

The IMS thanks members of the Scientific Program Advisory Committee for their important efforts in developing the Scientific Program. A full listing of Advisory Committee members is available on the Congress website. No Pharma company has been involved in topic and speaker selection.
More heart matters
Castelo-Branco Camil (ES) Does calcium supplementation cause CVD?
Schnatz Peter (US) Vitamin D: any role other than in bone?
Mikkola Tomi (FI) Cardiovascular mortality in postmenopausal women initiating hormone therapy during pre- vs. post-WHI era

The pelvic floor: function and dysfunction
Milosom Ian (SE) Risk factors for pelvic floor dysfunction
Kammerer Doak Dorothy (US) The impact of pelvic floor dysfunction on sexual health
Maher Chris (AU) Evidence-based treatment of urogenital prolapse

The implications of the menopause for health in later life
Lumsden Mary Ann (UK) Factors affecting weight gain, metabolism and health
Santoro Nancy (US) Ovarian aging, reproductive hormones and health in mid-life women
Baber Rodney (AU) Impact of early menopause on female health

Estrogens and estrogen receptors: role in menopausal medicine (organized by International Society of Gynecological Endocrinology)
Simoncini Tommaso (IT) Non conventional actions of estrogen receptors: relevance for menopausal medicine
Maki Pauline (US) Estrogen receptor beta and anxiety: from animal models to clinical trials
Mueck Alfred (DE) Importance of oxidative cell stress for carcinogenicity of estradiol metabolism

Uterine and ovarian cancer
Heinzelmann-Schwarz Viola (CH) Ovarian cancer in BRCA mutation carriers
Bast Robert (US) Biomarkers in the management of ovarian cancer
Blok Leen J (NL) Ovarian cancer originating from the distal oviduct

Hormones and cognition
Asthana Sanjay (US) Effects of estrogen and progestin therapy on midlife cognition (KEEPS)
Henderson Victor (US) Are phytoestrogens good for the brain?
Maki Pauline (US) Menopausal transition: effects on attention and memory

Therapeutic issues of the menopause
Huang Ko-En (TW) Menopause perspectives and treatment of Asian women
Manson JoAnn E. (US) Menopausal HRT: is timing everything?
Malhotra Jaideep (IN) Holistic management of the menopause

Favorite Topics from NAMS leadership (organized by NAMS)
Utian Wulf H. (US) Menopause management is all about quality of life
Manson JoAnn E. (US) Vitamin D and women’s health: separating facts from fiction
Sievert Lynnette Leidy (US) Measuring hot flashes: comparing results from qualitative interviews, survey questionnaires, and ambulatory monitors
Shapiro Marla (CA) The postmenopausal woman at moderate risk for fracture—how do we decide to treat?
Shifren Jan L. (US) Female sexual dysfunction at midlife: treatment beyond testosterone

Question and Answers

Update in primary ovarian insufficiency
Nelson Larry (US) What causes POI?
Broekmans Frank (NL) Predicting POI
Panay Nick (UK) POI – an online data base

An androgen update
Miller Karen (US) Androgen physiology in women – back to basics
Shifren Jan L. (US) Should testosterone be prescribed for the treatment of female sexual dysfunction – what do the data tell us?

Davis Susan (AU) Why else do women need testosterone?

Health challenges for Hispanic women
Clark Peralta Patricia (MX) Epidemiology of fractures in Latin America and risk factors
Gómez-pedroso Rea Javier (MX) Epidemiology of breast cancer in Latin America and risk factors

Chedraui Peter (EC) Cardiovascular disease and metabolic syndrome in Latin American women
Managing Menopause Without Hormones
(organized by EMAS)
Simoncini Tommaso (IT) Pharmacological options
Rees Margaret (UK) Complementary and alternative therapies
Perez Lopez Faustino (ES) Vitamin D: beyond the skeleton
Old and new steroids for therapies in menopause
(organized by European Society of Gynecology)
Foidart Jean Michel (BE) Estetrol the human fetal estrogen, use in menopause.
Bouchard Philippe (FR) Progesterone, progestins and SPRM
Genazzani Andrea R. (IT) DHEA and other androgens

Pharmacological options
Rees Margaret (UK) Complementary and alternative therapies
Perez Lopez Faustino (ES) Vitamin D: beyond the skeleton

Hot topic Symposia
Hormones and cardiovascular disease
Hodis Howard N. (US) Latest data from ELITE
Scherbeck Louise (DK) Cardiovascular findings from the DOPS study
Sarrel Phillip (US) Mortality Toll of Estrogen Avoidance
Panel speakers: Stevenson John (UK), Lobo Rogerio (US)

Controversies
State of the art HRT
Sturdee David (UK) Type of estrogen/progestin or no progestin
Stevenson John (UK) Route of administration, dose, age at initiation and duration of therapy

Alternatives to conventional HRT
Utian Wulf (US) Is there a role for compounding pharmacy in 2014 – including the misuse of the term “bioidentical hormones”
Palacios Santiago (ES) An evidence based approach to non-hormonal treatment of the menopause (SSRIs, phytoestrogen, Chinese herbal medications, etc.)
Procedures designed to enhance female genitalia
Cardozo Linda (UK) Cosmetic genital surgery
Wagner Mauricio (CO) Laser procedures for vaginal surgery

Sex after midlife
Genazzani Andrea R (IT) Hormonal factors influencing female sexual function
Graziottin Alessandra (IT) Non-hormonal factors and female sexual dysfunction
Evaluating the endometrium
Goldstein Steven (US) The use and limitations of ultrasound
Salazar López Ortiz Carlos (MX) Office hysteroscopy

Meet the expert
Shah Duru (IN) Managing premature menopause
Nappi Rossella (IT) Healthy sex
Pines Amos (IL) Lifestyle and healthy aging
Villaseca Paulina (CL) Using HRT in the clinic
Studd John (UK) Reproductive depression
Kendler David (CA) Managing osteopenia in early menopause
Shapiro Marla (CA) Breast cancer: the way forward
Fenton Anna (NZ), Panay Nick (UK) Climacteric – the voice of the IMS
Yoldemir Tevfik (TR) Fertility in midlife women
Mueck Alfred (DE) Contraception and menopause
Santen Richard J (US) Predicting a patient’s cancer risk
Pickar James (US) Use of SERMS in clinical practice

ESP Murillo Uribe Alfonso (MX) After five years with bisphosphonates, what to do?
ESP Hernández Bueno José Alberto (MX) Therapeutic adherence and compliance
ESP de Melo Nilson Roberto (BR) HRT: Types and routes of administration
ESP Blümel Juan Enrique (CL) Sexuality in mid-age women
ESP Tserotas Konstantinos (PA) Perceptions and attitudes to menopause
ESP Siseles Nestor (AR) HRT and the heart
**Symposia organized by CAMS or Scientific Societies**

**British Menopause Society**  
Reducing the burden  
Panay Nick (UK) BMS Recommendations on menopause & HRT

**Lumsden Mary Ann (UK)** Pharmacological alternatives for vasomotor symptoms

Stevenson John (UK) Strategies to optimize cardiovascular health with HRT

Sturdee David (UK) Reducing the burden of vaginal atrophy

**Chile Menopause Society**  
Anthropological vision of Chilean women  
Bustos Eduardo (CL) Women in Northern Chile

Cuitino Luis (CL) South Central Mapuche women

Navarrete Isidoro (CL) Easter Island women

**Colombian Menopause Society**  
Key Quality-of-life issues in Colombia for menopausal women  
Marrugo Florez Martha L. (CO) Quality of life in women after hysterectomy

Londoño Raigosa Germán (CO) Study of sexuality and metabolic syndrome

Rueda Beltz Camilo (CO) Medical metabolic risk in the Colombian population

**FLASCYM**  
Menopausal symptoms and risks: present and future in perspective  
Canaval Hoover (CO) Vaginal atrophy: affecting quality of life

Siseles Nestor (AR) Timing for HRT and CHD prevention

Cerdas Sonia (CR) Postmenopausal osteoporosis: controversies and challenges

**Korean Menopause Society**  
Menopause management in Korean women  
Psychosomatic aspect of postmenopausal women in Korea

Changing Korean physician’s awareness on hormone therapy

Management of genitourinary atrophy in Korea

Osteoporosis management: considering the characteristics of Korea

**SIGMA (Canada)**  
Demystifying BHT: medical hype or medical mystery  
Derzko Christine (CA) Demystifying BHT: an evidence-based update

Yuksel Nese (CA) BHT: marketing hype or medical hope

**Spain Menopause Society**  
MenoGuias AEEM: Recommendations based on the system GRADE  
Coronado Pluvio (ES) Vulvar pathology in mature women

Manubens Montserrat (ES) Symptomatic women with breast cancer

Concepción Navarro María (ES) Natural vaginal health

Llaneza Plácido (ES) Low bone density

Mendoza Nicolás (ES) Contraception in women older than 39 years

**Sociedad Chilena de Endocrinología Ginecológica (SOCHEG)**  
Comprehensive management of menopause at a state public health program  
Arnaldo Porcile (CL) Role of primary care in the comprehensive management of the climacteric in emerging countries

Juan Enrique Blumel (CL) Reconciling the interests of users with public health goals, focus on quality of life

Brantes Sergio (CL) Applying algorithms for evaluation and treatment in peri and postmenopausal women in public health systems

Barriga Patricio (CL) Optimal frequency of professional consultation, screening tests and screening tests controls

Villaseca Paulina (CL) Opportunity to generate social changes with high impact on public health promotive actions to improve lifestyle, self-care and empowerment of women

Parra Manuel (CL) Key actions to achieve the main goals set for public health

**European Progestogen Club**  
Progestogens and the climacteric female  
Druckmann René (FR) Classification of progestogens and their role in HRT

Mueck Alfred (DE) Role of progestogens regarding main safety issues

Skouby Sven (DK) Progestogens: effect on carbohydrate lipid metabolism

Gompel Anne (FR) Progesterone/progestins and the breast

**Other Symposia will be organized by:**  
**SOBRAC/Brazilian Menopause Society**  
What we have done and what we need to do to improve the quality of life of Brazilian menopausal women?

**Ecuador Menopause Society (SECLIM)**  
Constant challenges toward improving female mid-life health

**Indian Menopause Society**  
Changing perspective of midlife women's health in rural India

**Indonesian Menopause Society**  
Phytoestrogen: research and clinical experience in menopausal management

**FRASCYM A and the Asia Pacific Menopause Federation** are also organizing symposia
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